



Don't Be a Victim of Identity Theft



Thousands of people become victims of identity theft every year. While you might think you are safe because you don't share your password, here are additional ways to avoid thieves from getting your personal information.

Use a document safe to lock up your banking information, passport, social security card, and other papers with identifying information.

Never share your personal information on social media.

Lock your mobile device.

Always shield the ATM keyboard when punching in your PIN so people in line can't see your number.

Only order items over the Internet using secure sites (meaning those that have an "s" or "https" in the url or a security lock icon displayed on the URL of the browser).

Shred credit card offers, pre-approved loan applications, and other papers containing your important numbers.

Don't use public WIFI for financial transactions, and always log out of banking and all browsing sessions.

Refuse to give out your bank number or other identifying information via a phone call, email or text message that supposedly was issued from your bank or the IRS - these institutions will always send letters.

Never open a pop up message or email attachment asking for your personal information to update your bank account.

What to do if your ID is stolen?

- **File a police report.**
- **Log on to www.identitytheft.gov** to report your identity theft with the Federal Trade Commission (FTC) and receive an Identity Theft Affidavit needed to straighten out financial issues.
- **See the FTC site to file a Fraud Alert on your credit file** through one of three national reporting organizations to protect your credit.
- **Notify any affected organizations** like your credit card company, bank and the Department of Motor Vehicles.

Call us. We can help:

- Connect you to a Trained Resolution Specialist for a free, telephone consultation (up to 60 minutes) to help you restore your identity and good credit.
- Provide professional coaching to help dispute fraudulent debts that result from identity theft.
- Offer a free ID Breach Scan through the Personalized Legal Center on our member website to see when and where your personal data may have been breached.

800.854.1446

answers@HealthAdvocate.com

www.unum.com/lifebalance

Call • Email • Message • Live Chat 

We're not an insurance company. Health Advocate is not a direct healthcare provider, and is not affiliated with any insurance company or third party provider. ©2025 Health Advocate HA-M-2401092-19FLY

unum[®]

 **HealthAdvocate**SM